

AAC MYTHS & TRUTHS

Help to dispel common misconceptions about Augmentative & Alternative Communication (AAC) for **Cerebral Palsy**.

MYTH:

"You have to learn AAC at a certain age."

TRUTH:

AAC can improve speech and enhance language skills at any age. There is no evidence to suggest that someone must be of a certain age to benefit from AAC.

MYTH:

"AAC will keep him from talking."

TRUTH:

Using AAC won't prevent someone with CP from developing speech. In fact, AAC may encourage speech production.

MYTH:

"She has enough words to express herself."

TRUTH:

It's difficult for someone to express what they truly want, think or feel with only basic language. AAC can help people with CP communicate with greater depth and variety.

MYTH:

"We should start with a communication board before we try an AAC device."

TRUTH:

The effectiveness of AAC tools and techniques will depend on each individual's skills and needs, which may change over time. What works best varies from person to person.



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